

## Ant tart

### **Antimonium tartrate**

*Remedy picture as described in traditional homoeopathic texts.*

The Ant tart state comes on when the vitality of the individual is weak; there is a weakness and prostration with a pale face, cold sweat and bluish lips and much secretion of mucous. Where Aconite, Belladonna, Bryonia and Ipecac show intense symptoms Ant tart is the opposite with little fever, coldness and relaxation thus it may follow remedies like Ipecac and Bryonia. Ipecac has a coarse rattling in the first days of sickness whereas with Ant tart this coarse rattling comes after many days of sickness.

Ant tart suits children with frequent bouts of bronchitis, from cold wet weather, rainstorms in autumn. No sooner do they get over one cold another one comes. The acute stage is not violent for them but they keep having these passive rattling colds. There is ulceration of mucous membranes everywhere.

#### **Mental/Emotional symptoms**

The person is always whining, moaning and extremely irritable when disturbed. They are apathetic and want to be left alone; neither looked at nor talked to but on the other hand they fear to be left alone and are clingy. The feeling of a lack of oxygen in their system makes them very frightened; anxious and despondent.

#### **Physical symptoms**

**Fever and Thirst:** Thirstless during fever.

**Cough:** Coughing and gasping, suffocative shortness of breath, coarse, loose rattling cough. The chest seems full of mucous but it does not come up, or only in small white quantities, which does not relieve the person. A dose or two of the remedy can be followed by vomiting of mucous and or sleep.

**Back:** Violent pain in sacro-lumbar region, sensation as if heavy load was hanging on end of coccyx.

**Stomach:** A feeling of anxiety in the stomach and constant nausea which comes in waves, the stomach feels as if 'full of stones'. Indigestion and a loathing of food. Vomits with difficulty copious amounts of slimy mucous which greatly ameliorates. Distention with flatulence, the abdomen is tight like a drum.

**Pain:** Aches and pains that are cutting in nature.

**Skin:** Itching pustular eruptions that leave a bluish-red mark and are slow to heal. Itching around pimples and ulcers.

**Sleep:** Yawning and great drowsiness especially after vomiting. May sleep on their back with the left hand under the head. Electric-like shocks on falling asleep.

#### **Keywords**

- Wheezing, difficult noisy breathing
- Rattling mucous difficult to expectorate
- Mucous abundant, ropy, white, sticky
- Salivation excessive, bluish tinge around lips
- Cough with nausea, vomiting or retching of phlegm
- Pustular eruptions leave a bluish scar
- Prostration

#### **Exciting causes**

- Change in weather; spring; autumn
- Anger
- In respiratory ailments following vaccination when Thuja fails and Silica is not indicated.

#### **Modalities**

Better: Sitting up; vomiting; bringing up phlegm; cold water; motion; lying on right side

Worse: Cough worse 3-4am; sour things; lying down; being looked at; warm room; morning; dampness; milk

Desires: Apples and acidic drinks which disagree; cold water; cold food

Aversions: Milk; apples; alcohol

**Compare to:** *Aconite, Arsenicum, Bryonia, Ipecac, Veratrum*