

Introduction

This email-out series is brought to you due to popular demand and is designed to enrich and expand your home prescribing skills.

Over the months we will be including information on simple case taking skills, repertorisation, use of the Materia Medica, selecting the potency and dose and much more.

Before we start let's consider the tools of good remedy selection. We highly recommend that you have a selection of reference books at hand such as the following, some of which we have in stock and others that you may be able to find on the internet - new or second hand work just as well as each other.

- ***Homoeopathy for the Home Prescriber* - Jan Owen**
- ***Family Homeopathy* - Paul Callinan**
- ***Materia Medica and Repertory* - William Boericke**
- ***Repertory* - Kent**
- ***Lotus Materia Medica* - Robyn Murphy**
- ***Homeopathic Medical Repertory* - Robin Murphy**
- ***The Spirit of Homeopathic Medicines* - Didier Grandgeorge**

Definition

Vital Force: what does Hahnemann mean when he talks about the vital force or vitality of a person?

This is the internal process of balance that corrects and maintains the person or creature within a set pattern, in balance and harmony in the body, mind and soul.