

# Homoeopathy for Birds

When treating sick or injured birds, or any animals for that matter, you can use exactly the same process and principles as you would when choosing remedies for family members. The main difference is that it's a rare bird who will melt a pilule under their tongue.

Pilules can be crushed into a fine powder between two spoons or dropped into a small container of water, filtered, boiled or bottled is best but tap water is fine if it's all you have. Stir to disperse the energy through the water and either put a spoonful into the water dish or directly into the bird's mouth using a clean dropper. Quantity is not important, as long as you get a little in there! This glass of water can continue to be used for further doses and has the added benefit of saving on pilules.



**Arnica:** Blunt trauma, bruising, bleeding after an accident or injury.

**Aconite:** A good first remedy after a shock or emotional trauma. Inflammatory ailments that come on suddenly.

**Ignatia:** Grief following loss of a mate or any change or loss especially if associated with lack of appetite.

**Symphytum:** After a broken bone this remedy helps promote fracture healing and reduce pain.

**Rhus tox:** Stiff joints after splinting or a period of immobility.

**Dulcamara:** Chill from being cold and wet.

**Arsenicum:** Cold and restless when weather is changeable.

**Carbo veg:** Collapse; this remedy is commonly called the "corpse reviver".

**Hypericum:** Open wounds, slow healing wounds.

**Ledum:** Deep puncture wounds.

An excellent book for the bird enthusiast is **Beryl Chapman's "Homoeopathic Treatment for Birds"**.

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