

Separation and Boarding

The most important tip is to book early for boarding animals over Christmas. That way you can select the kennels that best suit your pet. Some boarding kennels/catteries will accept homoeopathic nosode disease prevention these days (hurray!), but they may need to discuss this in advance if it is new to them, so now is a better time than in the middle of the Christmas rush.

A few days before your dog or cat goes boarding, give a top up dose of [Kennel cough](#) or [Cat flu 30c](#). Also give a few days of Echinacea/five mushroom or other immune boosting herb in the animal's food – from 6 drops daily for a cat or toy breed dog, to 5ml for a large dog. Vitamin C in the food daily is very helpful too – a pinch to a teaspoonful of powder depending on the size of animal.



Remember that grief can be a greater cause of kennel cough, cat flu or other ailments than the presence of virus – as the Chinese say, ‘the lungs are the seat of grief’, so treating to reduce grief from pets missing their owners will do the most to reduce these respiratory ailments. Give homoeopathic [Ignatia](#) in any potency you have, daily for a couple of days before boarding and the Bach remedy combination – Rescue Remedy (for stress), Honeysuckle (for grief) and Walnut (for adaptation to change). Starting as soon as the pet knows ‘something is happening’ even until the owner's return.

Of course all this can apply to animals left in the house with a house sitter, too.

Another option is to get the great little book from the RAC on where you can holiday and take your pet with you.

Happy Holidays!

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Books and Info Sheets: Download and print our [Animal](#) info sheet, [Emotional Ups & Downs](#), [Holidays & Roadtrips](#), [Stress & Worry](#) Factsheet or refer to our [Homoeopathy for the Home Prescriber](#) book, [eBook](#) or [free information](#) available through our website.

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