

# Organ Remedies

Ian Watson describes the use of Organ remedies very clearly in his book a Guide to the Methodologies of Homeopathy. Rademacher was a 19<sup>th</sup> century practitioner who first described this method. He distinguished between the 'universal remedies' needed to treat the whole person and 'organ remedies' prescribed because of the ability to treat individual parts. The prescription is based on the remedies' affinity with certain organs in the body. They are usually prescribed to support, strengthen and restore proper function to weaker organs.

**Definition:** This method is based on the assumption that a) certain remedies have a specific affinity for certain organs and b) there are patients in whom it is desirable or necessary to treat specific organs or systems in order that the whole person may be properly cured. (GMH p.49)

French homoeopaths who favour this system talk about the use of drainage remedies to detoxify and tone the weak organ before constitutional remedies are administered. This process of drainage opens the organs of elimination allowing detoxification and thereby helps to reduce the incidence of aggravation during treatment.

**Prescribing Technique:** Usually low potencies (up to 6c) or mother tinctures are employed in organ prescribing, and the degree of symptom similarity may be negligible. Burnett's guidance prescribes mother tinctures at the rate of five drops in a little water to be taken three times daily. Two drops per dose is usually sufficient for children. Sensitive people may react to the dose requiring a reduction in drops. (GMH p. 51)

**Sarcodes:** Organ prescribing incorporates the use of sarcodes & sarcode-derivatives (potentised healthy organs & their secretions) e.g. *Thyroidinum*. There is abundant clinical evidence that organs can be acted upon therapeutically by potencies either of the organ itself or of its secretions. According to French research different potencies have different therapeutic uses. *Folliculinum*, for instance, is said to *arouse* different organ functions in 3x or 4c potencies, whilst in the 7c it will *regulate* function and in the 9c it will *inhibit* (GMH p. 52)

**Some Leading Organ Remedies:** (GMH pp53-55)

Brain & Nervous System: **Avena sativa**, Kali phos

Heart: **Crataegus**, Cactus

Digestive organs: Alfalfa, Hydrastis

Liver & Gall Baldder: **Chelidonium**, Carduus marianus

Urinary Organs: Berberis vulg (kidneys), Equisetum (bladder)

Breast: Phytolacca

Ovaries: Folliculinum

Prostate: **Sabal serrulata**, Thuja, Conium, Pulsatilla

Blood: **Echinacea**, Gunpowder, Pyrogen, Baptisia

Skin: **Berberis aqui**

Veins: Hamamelis, Vipera, Pulsatilla, Calc fluor

Bones: **Symphytum**, Calc phos, Hekla lava

Where more than one remedy is indicated for organ support the choice would be based on the remedy picture that is most similar to the presenting symptoms.

Next month we will explore **Isopathy**.