

# Fear of Storms and Fireworks

Unfortunately many animals are terrified by firework displays and/or thunder causing them to tremble, cower, pace, hide or even take flight and try to escape the loud noises which can indirectly pose risks to animal safety. Consider the following remedies, where possible giving a dose or two before the event.

**Aconite:** Sudden shock resulting in fright, fear or anxiety. Restlessness with fear and anxiety. Any symptoms that come on after a sudden fright.

**Belladonna:** Sudden fear, with a bounding pulse and a thumping heartbeat. The pupils are usually widely dilated, often accompanied by meowing, barking or screeching from terror. Very sensitive to noise and light, particularly the flash of lightning, they often try to hide during a storm.

**Borax:** Fear, of gunshots or any sudden noise, causing startling. Jumping with fright. Hate to be lifted and cling due to a fear of falling or downward motion. Drooling is common.



**Gelsemium:** Trembling and quivering. The animal can have diarrhoea or involuntary urination when under extreme stress. Can become sluggish to move and be virtually paralysed by their state of fear, standing frozen, but with their back legs shaking. Onset may be from the hint of a storm or fireworks.

**Lycopodium:** Has a fear of wind and storm sounds. They often get flatulence or a growly tummy when they are anxious, especially during a howling or whistling wind. Worse for being closed in a stuffy warm room.

**Phosphorus:** Super-sensitive to all external impressions, particularly thunder and lightning storms, but any sudden noise will make them jump. They are friendly and outgoing, loving and needing company above all else and if left alone during a storm, will often become destructive. Phosphorus has a strong fear of the dark so darkening skies affect them deeply.

**Silica:** There is a want of grit and sensitivity to all external impressions. Usually very chilly. They are strongly affected by changes of weather, noise, and light, all of which are greatly magnified by storms, hurricanes, tornados, thunder, lightning, fireworks, etc.

**Stramonium:** Terror and fear of the dark. Dilated pupils and a wide-eyed, glazed look of terror. Paralysed with fear. The fear can lead to aggression, a desire to escape or destructiveness.

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**Factsheets:** Download and print our [Animal Info Sheet](#), [Factsheets](#), [Remedy Pictures](#) and [Remedy Guide](#) or refer to our [Homoeopathy for the Home Prescriber](#) book, [eBook](#) or [Free Information](#) available through our website.

**Repetition of doses:** As a general rule you should reduce the frequency of doses of a remedy as it starts to act and not continue once the situation has resolved.