

# Lameness

Lameness is a general term and several main factors need to be taken into account when considering a remedy.

1. Which leg or legs are involved?
2. Has it come on suddenly, or is it a recurrence of an old incident?
3. What degree of pain or discomfort is present?
4. Is there swelling?
5. Has there been a bite or puncture wound to the foot?



Start with a few doses of [Arnica](#) to deal with any soft tissue damage and then reassess. Examine the feet to ascertain if there is an injury, infection or foreign body. If infected use [Hepar sulph](#). If there has been a puncture wound use [Ledum](#).

Or is the source further up the leg and related to a sprain, strain or even fracture.

**Apis:** There is a recent swelling, possibly from an insect sting. Also look for a sting and remove if you can find it.

**Belladonna:** The area is hot, red and inflamed.

**Bryonia:** The pain seems to be much worse from moving. The animal wants to stay still.

**Calc Phos:** For lameness in young animals. Make sure there is enough bone and other natural calcium containing foods in the diet.

**Rhus tox:** Strains and sprains in the joints and for lameness that is better for movement and worse for rest.

**Ruta grav:** Lameness that may look much like *Rhus tox* except more from bruising and injuries of the bones, ligaments or tendons.

**Symphytum:** To help the body's bone healing ability when the vet has treated a bone fracture.

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**Factsheets:** Download and print our [Animal Info Sheet](#), [Accidents & Injuries](#), [Arthritic & Rheumatic Pain](#) Factsheets, [Remedy Pictures](#) and [Remedy Guide](#) or refer to our [Homoeopathy for the Home Prescriber](#) book, [eBook](#) or [Free Information](#) available on our website.

**Opening the remedy vials:** Watch how it's done [here!](#)

**Dosage and administration of remedies:** Click [here](#) for how to and when. As a general rule you should reduce the frequency of doses of a remedy as it starts to act and not continue once the situation has resolved.