

Cat Flu

Dogs rarely get flu symptoms with sneezing and runny eyes and nose like humans do, but for cats this is a common problem. Cats can get flu even if they have had the conventional vaccination from a vet because low general immunity and stress are important causes, for example the stress of going to a boarding cattery, moving house, being old etc.



Homoeopathic cat flu nosode given every few months and again just prior to boarding can help prevent cat flu and is also useful as treatment for an affected cat. As well as the nosode you can give a homoeopathic remedy to fit the symptoms taking into account any stressors that contributed to vulnerability to the virus in the first place.

Consider [Allium cepa](#) for copious running of nose and sore eyes, [Kali mur](#) for thick white discharge and mouth ulcers, [Arsenicum](#) if restless and cold or [Nat mur](#) if 'egg white like' discharges and unsociable and seemingly depressed. In fact choose remedies to treat the symptoms just as you would for a person.

Written in conjunction with Dr Clare Middle who runs a natural therapies only veterinary practice in Balingup. Ph: 0405 009 804, www.claremiddle.com

Repetition of doses: As a general rule you should reduce the doses of a remedy as it starts to act and not continue once the situation has resolved.

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