# Cough Remedies for Animals

***Aconite*** is a very good initial remedy for early stage of illness; there may be the odd sneeze from cats or a throaty cough from dogs. You can use it in conjunction with ***Ferrum phos*** for its affinity with the inflammatory process***.*** At this stage, it also helps if you can dose with vitamin C, a pinch of powder twice daily in food for cats to a teaspoon of powder or 1000mg tablet for a large breed dog.

For later stages with a cough (in dogs) and sneeze/runny nose (in cats) consider ***Gelsemium***, when the animal is droopy and lethargic, or ***Pulsatilla*** if the discharge is thick and bland and they seek company. ***Phosphorus*** if blood-flecked, ***Hepar sulph*** if irritable, with yellow green discharge or ***Bryonia*** for a painful cough, worse from moving but settles when resting.

Kennel cough can also be a problem. It is not a serious disease, just a mild croup-like cough for a few days. Occasionally, bronchitis and pneumonia may develop in very young or old dogs, but for most dogs, homoeopathic treatment is very effective.

The ***Kennel Cough 30c*** nosode itself can be given once or twice, and other useful remedies may be ***Aconite*** for the early stages for a rough, loud, barking (pardon the pun) cough, especially at night. Then later, other remedies might be ***Bryonia***, ***Drosera*** or ***Ant tart***.

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**Repetition of doses:** As a general rule you should reduce the doses of a remedy as it starts to act and not continue once the situation has resolved**.**

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