

Diarrhoea Remedies

There are many remedies to consider for diarrhoea, but with animals I would look at correcting the diet first. Milk is a common cause (due to lactose intolerance), also cereal (pasta, bread, biscuits) and cheap dried food.

Some animals can be chemical sensitive, so try not feeding processed food or treats with additives, numbers (202 etc), colours and chemicals (eg nitrates).

Slippery Elm Bark powder is a very good, safe herbal remedy to use along with the chosen homoeopathic remedy.

Diarrhoea often responds to **Arsenicum alb** in cold/old patients, or **Arsenicum iod** (or **iodium** in severe ongoing cases) in young/warm patients, who are restless, anxious and may suffer insomnia or have diarrhoea at night.

Diarrhoea due to anticipatory anxiety, such as in show dogs or if scared by an aggressive animal, responds to **Gelsemium**.

Argentum nit works well for hot, hyperactive patients who are chemical sensitive eg after vaccination or other chemical exposure.

Thuja can also work for quieter patients after vaccination.

Written in conjunction with Dr Clare Middle who runs a natural therapies only veterinary practice in Balingup. Ph: 0405 009 804, www.claremiddle.com

Repetition of doses: As a general rule you should reduce the doses of a remedy as it starts to act and not continue once the situation has resolved.

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