

# Ear Health

If your dog's ears seem to need regular cleaning, then consider homoeopathy to address the underlying issue.

Minor amounts of debris can be removed with a 50:50 ear wash of clear aloe vera juice and clear vinegar. Fill up the ear, massage well and let the dog shake it out over the garden. Do once or twice daily until ears look clean. If there is a sudden irritation in a clean ear, get the vet to check for a grass seed.

Not feeding dried processed food clears up many ear infections (see "Natural Diet..." article at [www.claremiddle.com](http://www.claremiddle.com)).

Although chronic health issues are best addressed by a homoeopathic veterinarian, here are some remedies to consider for acute flare ups.



**Aconite:** Sudden symptoms including fever and pain. The animal is restless and fidgety. Rubs the ear, falls to the right.

**Apis:** Outer ear swollen, rosy red, sore; pockets of clear fluid under the skin. Fidgety, restless animal, hard to please.

**Arnica:** Blood blisters or bleeding; averse to touch and wants to be left alone.

**Belladonna:** Outer ear swollen, bright red and hot. Hot, listless and thirstless. Sudden onset.

**Pulsatilla:** Acute flare ups with sensitivity and redness, along with a yellowish discharge. *Pulsatilla* animals like to sit near open windows, hate getting their paws wet and won't go out in the rain. They also tend to have a sweet needy disposition.

**Hepar sulph:** Is useful for irritable animals who don't like to have their inflamed ears touched. Dark, foul smelling discharge, hearing loss, pustules. Looks for a cool place to lie down.

**Mercurius:** Ulcers, boils. Discharges are thick, yellow, bloody, foul smelling. Worse at night.

**Phosphorus:** Is a good option for those dogs who suffer with cuts or hematomas to the pinna; it's an excellent remedy for many types of bleeding.

**Sulphur:** Excessive scratching or pawing at the ears. The outer ear is red, dirty, itchy and hot.

*Written in conjunction with Dr Clare Middle who runs a natural therapies only veterinary practice in Balingup. Ph: 0405 009 804, [www.claremiddle.com](http://www.claremiddle.com)*

**Repetition of doses:** As a general rule you should reduce the doses of a remedy as it starts to act and not continue once the situation has resolved.

**Books and Info Sheet:** Download and print our **Animal** info sheet or refer to our **Homoeopathy for the Home Prescriber** book or **eBook**. We also have excellent Homoeopathy for Animals **books** and **free information** available through our website.

Follow this link to receive monthly **Animal** information.