

## Homoeopathy for Female Animals

Naturally most of the ailments that only affect female animals, be they spayed or not, relate to their hormonal systems and this is where your remedies can be a great help in restoring balance.

For breeding animals use the information in the Mother & Baby Info sheet to choose remedies that will look after the needs of the mother and her babies, from conception through the birthing and postnatal period. If a bitch rejects her puppies, [Sepia](#) can work like magic.



It is less common these days to see unsterilised animals however, for those female dogs who do get to come on heat, it is important to know about a strange phenomenon called “false pregnancy”, which humans do not get (thank goodness!). This involves the dog acting as though pregnant after being on heat, even though she is not. They can produce milk, their abdomen can fill up with fluid and they collect cuddly toys and nest them. They can become distressed and neurotic, over-demanding attention, and [Pulsatilla](#) or [Sepia](#) (based on their temperament), are the prime remedies for this syndrome or [Nat mur](#) if they seem sad and withdrawn. If the mammary glands are engorged, [Apis](#) or [Belladonna](#) can help. Because false pregnancy is caused by an imbalance of progesterone, then [Progesterone 30C](#) can really help too.

In the event of spaying of your female animals you will find our general Surgery kit excellent to support the healing process. Alternatively give [Arnica](#) and [Hypericum](#) pre and post operatively with Rescue Remedy. Adverse reactions to anaesthetics respond well to a few doses of [Phosphorus](#).

Sterilised female dogs can suffer oestrogen deficiency urinary incontinence, which can respond to using homoeopathic [Oestrogen](#) 10X or 6c, a remedy which fits anxiety if present (as chronic stress impairs the production of oestrogen). Sage is oestrogenic so add one to three leaves of fresh Sage daily in food. There can also be skin issues, obesity and alopecia as a result of the hormone changes.

Book Review: Dr Macleod is one of the world’s foremost authorities on the homoeopathic treatment of animals and has written several exceptional books on the care of animals using homoeopathy. These books are particular favourites with our animal lovers. Search online for the individual titles: Homoeopathy for Dogs, Cats, Horses, Goats, Cattle and so on. You will find the answers to many of the problems associated with the health care and treatment of your female animals in these books.

*Written in conjunction with Dr Clare Middle who runs a natural therapies only veterinary practice in Balingup. Ph: 0405 009 804, [www.claremiddle.com](http://www.claremiddle.com)*

**Repetition of doses:** As a general rule you should reduce the doses of a remedy as it starts to act and not continue once the situation has resolved.

**Books and Info Sheet:** Download and print our [Animal](#) info sheet or refer to our [Homoeopathy for the Home Prescriber](#) book or [eBook](#). We also have excellent Homoeopathy for Animals [books](#) and [free information](#) available through our website.

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