

# Sore Throat

Yes dogs, cats and other animals can suffer sore throats as well.

Inflammation of the throat and tonsils indicates a defensive reaction of the body and calls for [Belladonna](#) or [Aconite](#) and [Ferrum phos.](#) The animal may be off colour; possibly choking, coughing and drooling. There may be loss of appetite and reflex vomiting due to swelling. If the voice (meow or woof) sounds dry, raw and hoarse, reminding you of a barking seal, consider [Spongia](#). If the breath is foul and there is a lot of drool consider [Mercurius](#).



I also recommend extra vitamin C, a pinch of powder twice daily in food for cats to a teaspoon of powder or 1000mg tablet for a large breed dog. Additionally, herbs such as **Echinacea**, **Olive leaf**, **Andrographis**, and **Astragalus** help the immune system. Dose range: from 1/8<sup>th</sup> of a human dose for a cat or small dog to a whole human dose for a large dog.

It is important to be aware that a foreign body such as a bone fragment can also present as coughing, choking and pawing at the throat. You may be able to retrieve the foreign body with tweezers otherwise the vet will need to be consulted.

*Written in conjunction with Dr Clare Middle who runs a natural therapies only veterinary practice in Balingup. Ph: 0405 009 804, [www.claremiddle.com](http://www.claremiddle.com)*

**Repetition of doses:** As a general rule you should reduce the doses of a remedy as it starts to act and not continue once the situation has resolved.

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