

Travel Sickness

We recently covered leaving pets in boarding kennels or at home with a house sitter, but what about if you want to take your pets with you on a road trip and they suffer from travel sickness.



You can put a drop of peppermint oil on their collar, feed them a pinch of dried or fresh ginger in their breakfast, and give homeopathic [Cocculus](#), [Ipecac](#), [Nux vomica](#) or [Petroleum](#) depending on the symptoms. Give a dose an hour before and at the start of travel, then every hour or so during the journey, or if the usual reaction is very severe, start the doses a day or two before travel.

[Cocculus](#) feels giddy, nauseous and wants to lie down. For dogs that lie down on the floor, salivating or vomiting and sometimes urinating and/or defecating involuntarily.

[Ipecac](#) for simple nausea with excessive saliva.

[Nux vomica](#) suffers gagging, retching and headache with queasiness. If the dog is restless, keeps standing all the time and refuses to sit down, howls and hurtles from one side of the vehicle to the other.

[Petroleum](#) for nausea and dizziness associated with fumes.

If you suspect your dog's motion sickness is due to nervousness, try [Phosphorus](#) for the very excitable animal or [Argent nit](#) to help the very nervous, anxious animal. It helps calm the stomach.

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Repetition of doses: As a general rule you should reduce the doses of a remedy as it starts to act and not continue once the situation has resolved.

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