

# Cough Remedies for Animals

[Aconite](#) is a very good initial remedy for early stage of illness; there may be the odd sneeze from cats or a throaty cough from dogs. You can use it in conjunction with [Ferrum phos](#) for its affinity with the inflammatory process. At this stage, it also helps if you can dose with vitamin C, a pinch of powder twice daily in food for cats to a teaspoon of powder or 1000mg tablet for a large breed dog.

For later stages with a cough (in dogs) and sneeze/runny nose (in cats) consider [Gelsemium](#), when the animal is droopy and lethargic, or [Pulsatilla](#) if the discharge is thick and bland and they seek company. [Phosphorus](#) if blood-flecked, [Hepar sulph](#) if irritable, with yellow green discharge or [Bryonia](#) for a painful cough, worse from moving but settles when resting.



Kennel cough can also be a problem. It is not a serious disease, just a mild croup-like cough for a few days. Occasionally, bronchitis and pneumonia may develop in very young or old dogs, but for most dogs, homoeopathic treatment is very effective.

[Aconite](#) for the early stages for a rough, loud, barking (pardon the pun) cough, especially at night. Then later, other remedies might be [Bryonia](#), [Drosera](#) or [Ant tart.](#)

*Written in conjunction with Dr Clare Middle who runs a natural therapies only veterinary practice in Balingup. Ph: 0405 009 804, [www.claremiddle.com](http://www.claremiddle.com)*

**Repetition of doses:** As a general rule you should reduce the doses of a remedy as it starts to act and not continue once the situation has resolved.

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